

## **Exploring Self & Others Towards Effective Working Environment**

Administrative Training Institute, West Bengal conducted a 3 day's training course on Exploring Self & Others Towards Effective Working Environment during 06/10/2020 to 08/10/2020 under State Category Training Programme sponsored by Department of Personnel & Training, Government of India.

### **Participants**

30 Government Officials from various Government Departments namely Home & Hill Affairs, P&AR, Revenue, Social Welfare, Food Processing Industries and Horticulture, School Education, Food and supply, Labour, Agriculture and Consumer Affairs participated in the course.

### **Major Course Content**

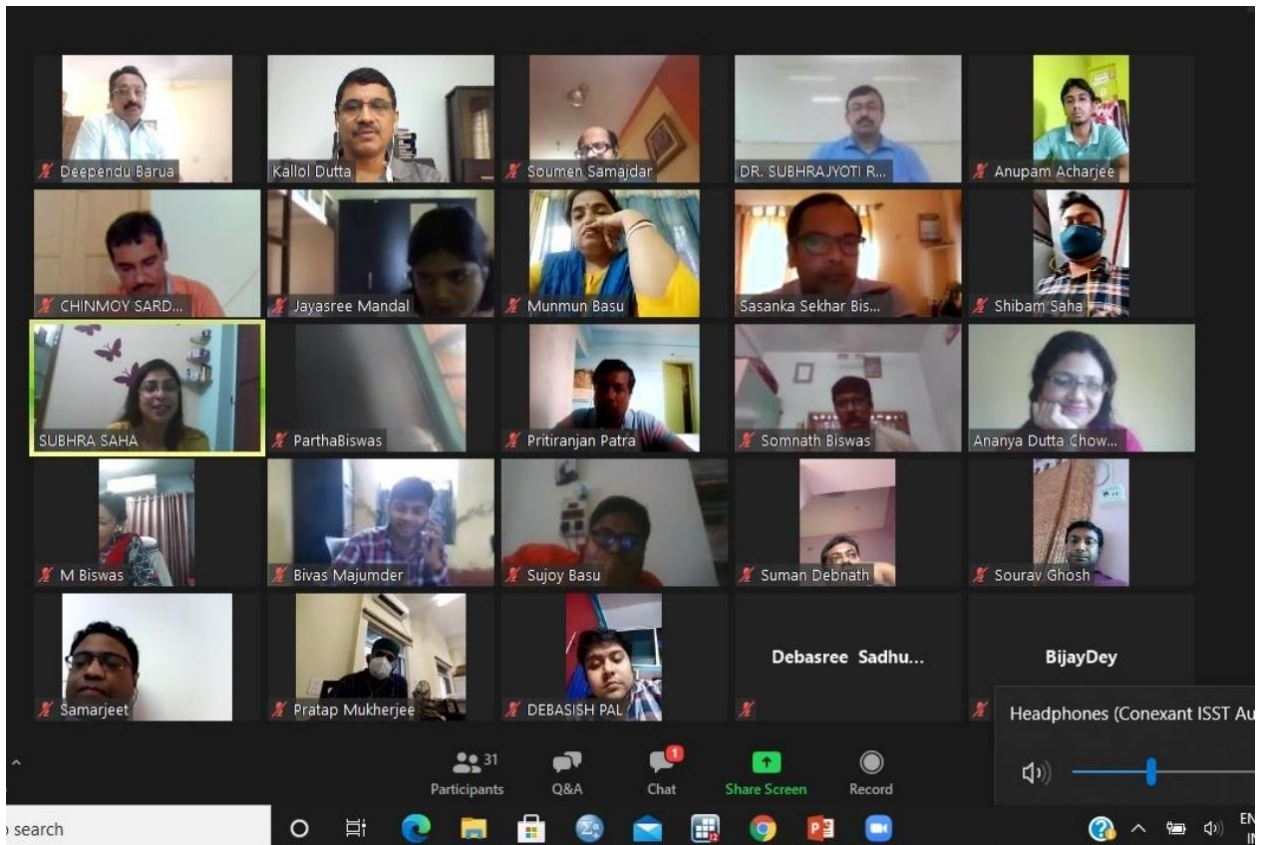
1. Understanding personality, perceptions, emotions and biases and how they impact behaviors
2. Understanding & Analysis of self
3. Communication skill & Interpersonal Communication
4. Understanding interpersonal conflict and ways to manage them
5. Understanding of Workplace environment
6. EQ
7. Development Plan

The course was conducted with continuous & spontaneous participation of the participants. It was altogether an interactive training with derived learning through 'Experiential Learning' process with sharing of individual's thoughts and experiences.

Dr Subhrajyoti Ray, Faculty ATI WB acted as Course Director.



A session is in progress.



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